

Curriculum AME	COST	NUMBER OF CLASSES/MODULES	ADD'L INFORMATION
<b>Cognitive-Based Treatment Curriculum</b>			
<b>Thinking for a Change</b>	Free at the NIC Web site	<b>T4C</b> is an integrated, cognitive-behavior change program for offenders that includes cognitive restructuring, social skills development, and development of problem -solving skills.	<a href="http://nicic.gov/T4C">http://nicic.gov/T4C</a>
<b>Reasoning and Rehabilitation</b> (short version)	\$629.00 Must go through training	<ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Problem Solving</li> <li>3. Social Skills</li> <li>4. Negotiation Skills</li> <li>5. Management of Emotions</li> <li>6. Creative Thinking</li> <li>7. Values Enhancement</li> <li>8. Critical Reasoning</li> <li>9. Skills in Review</li> <li>10. Cognitive Exercises - 5 weeks of classes of two hours each</li> </ol>	<a href="http://www.cognitivecentre.ca/index.html">http://www.cognitivecentre.ca/index.html</a>
<b>Reasoning and Rehabilitation</b> (full version)	\$629.00	<ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Problem Solving</li> <li>3. Social Skills</li> <li>4. Negotiation Skills</li> <li>5. Management of Emotions</li> <li>6. Creative Thinking</li> <li>7. Values Enhancement</li> <li>8. Critical Reasoning</li> <li>9. Skills in Review</li> <li>10. Cognitive Exercises - This program will be delivered twice a week for 18 weeks, and the sessions are two hours in length.</li> </ol>	<a href="http://www.cognitivecentre.ca/index.html">http://www.cognitivecentre.ca/index.html</a>
<b>Moral Reconation Therapy (MRT)</b>	\$600.00	<b>MRT</b> is designed to “facilitate a change in the client’s process of conscious decision-making” and “enhance appropriate behavior through development of higher moral reasoning.”	<a href="http://moral-reconation-therapy.com/">http://moral-reconation-therapy.com/</a>
<b>Substance Curriculum</b>			
<b>Hazelden New Directions</b> (short term) 3–6 months	\$3,995.00	6 modules <ol style="list-style-type: none"> <li>1. Intake &amp; Orientation</li> <li>2. Criminal &amp; Addictive Thinking</li> <li>3. Drug &amp; Alcohol Education</li> <li>4. Socialization</li> <li>5. Relapse Prevention</li> <li>6. Release &amp; Reintegration</li> </ol>	<a href="http://www.hazelden.org/web/public/andresearch.page">http://www.hazelden.org/web/public/andresearch.page</a>
<b>Hazelden New Directions</b> (long version) 6–12 months	\$5,395.00	6 modules <ol style="list-style-type: none"> <li>1. Intake &amp; Orientation</li> <li>2. Criminal &amp; Addictive Thinking</li> <li>3. Drug &amp; Alcohol Education</li> <li>4. Socialization</li> <li>5. Relapse Prevention</li> <li>6. Release &amp; Reintegration</li> </ol>	<a href="http://www.hazelden.org/web/public/andresearch.page">http://www.hazelden.org/web/public/andresearch.page</a>
<b>The Matrix Model</b>	\$695.00	The Matrix approach emphasizes the use of outpatient techniques. Treatments focus on lifestyle changes, training in relapse prevention, education about dependencies, and family involvement.	<a href="http://www.matrixinstitute.org/OnsiteTraining.html">http://www.matrixinstitute.org/OnsiteTraining.html</a>

<b>Anger Management</b> for substance abuse/ mental health clients	Free	This manual was designed for use by qualified substance abuse/ mental health clinicians who work with substance abuse and mental health clients with concurrent anger problems. The manual describes a 12-week cognitive behavioral anger management group treatment.	<a href="http://download.ncadi.samhsa.gov/Prevline/pdfs/BKD444.pdf">http://download.ncadi.samhsa.gov/Prevline/pdfs/BKD444.pdf</a>
<b>Pathways to Recovery</b> University of Kansas	\$30.00 per workbook	<i>Pathways to Recovery</i> is a valuable resource for people who are embracing and mobilizing around a vision of recovery. It translates the evidence-based practice of the Strengths model into a self-help approach toward recovery from the symptoms of mental illness.	<a href="http://www.socwel.ku.edu/projects/SEG/pathways.html">http://www.socwel.ku.edu/projects/SEG/pathways.html</a>
<b>Specialty Curriculum</b>			
<b>Responsible Fatherhood</b>	Free	Access to a 20-session course to assist fathers in becoming better persons and parents is provided at this Web site.	<a href="http://nicic.gov/Library/016841">http://nicic.gov/Library/016841</a>
<b>Victim Impact: Listen and Learn Facilitator Manual</b>	Free	This 32-hour program shows offenders the impact of their crimes on their victims.	<a href="http://nicic.gov/Library/023607">http://nicic.gov/Library/023607</a>
<b>Staff Training Curriculum</b>			
<b>Facilitation Skills for Offender Groups: Training Curriculum Package</b> (lesson plans and participants' manual)		Designed for counselors or other staff who run offender groups, this 16-hour course addresses group process strategies. The following lesson plan modules are provided: introduction and course overview; what facilitation is; goals for personal development; stages of group development; stages of individual change; setting a climate for change; communication skills; facilitating participation; facilitating behavior change; facilitating changes in perspective; and evaluation and closure.	<a href="http://nicic.gov/Library/016974">http://nicic.gov/Library/016974</a>
<b>Motivational Interviewing</b>		<b>MI</b> is a directive- and client-centered approach designed to help individuals change their problem behavior by allowing them to explore and resolve ambivalence, which is seen as the primary obstacle to change.	<a href="http://nicic.gov/Library/023090">http://nicic.gov/Library/023090</a>